



Introduction

Action for Healthy Communities Society of Edmonton (AHC) is a registered charity serving the needs of youth, seniors, and adults in greater Edmonton.

Our mission is to build stronger and healthier communities by fostering citizen participation and action to improve the health of the community.

The Community Capacities program encourages active participation from community members by helping them organize and create projects that improve community health and well-being.

This is accomplished through Community Initiatives, Seed Grants, Community Leadership, and Community Building.



Community Leadership

Leadership development sessions are held four times each year for individuals from various communities, age groups, ethno-cultural groups, or neighbourhoods. Topics for each session are chosen based on the expressed needs of participants and are hosted by experts in leadership development.

Past topics have included Grant Information from the City of Edmonton, Introduction to Proposal Writing, How to Prepare Grant Applications, Skills and Qualities of being a Good Community Leader, Networks to Build Community, Collaboration, Community Organizing, Intercultural/Diversity Capabilities, and Social entrepreneurship, etc.

Community Initiatives and Seed Grants

Community initiatives are small community projects initiated by three or more individuals from the community. These projects fill a broad range of community needs. From community gardens, to after-school homework clubs, multicultural festivals and sports teams— anything that can make their community stronger and healthier.

Upon committee approval, these projects are supported through Seed Grants up to \$1000 and access to AHC resources, facilities, and mentoring. AHC also offers community initiative members the opportunity to develop new skills through financial training and leadership development sessions to ensure their project is a success.



OUR CLASSES

Computer Training:

classes focus on the basic computer skills needed for employment. Topics include word processing, spreadsheet applications, using the internet, and emails.

English Language Learning (ELL):

classes focus on improving participants' speaking, reading and conversational English skills. Activities include field trips around Edmonton in order to practice conversational skills outside the classroom.

Basic Math and Numeracy:

classes focus on basic and intermediate math skills and practical skills needed for everyday life; budgeting, determining grocery costs while shopping, percentages and fractions, and more.

Each course has a registration fee of \$40 to cover course materials and snacks. To register, please call:

Contact information: Maria Lucila (780) 944-4687, ext. 223, maria.lucila@a4hc.ca

Entrepreneurial Training Program

In March 2014, City Council initiated the EndPovertyEdmonton Strategy. AHC has put in great effort to implement the strategy through helping people who've lost their jobs due to the recent economic crisis, as well as who are new immigrants, refugees and long-term unemployed residents, to become self-employed. In partnership with the Wildman Institute and MacEwan University Business School, AHC initiated a 14-week "Entrepreneurship Training/Social Enterprise Program" in October, 2015. This program continues to be a great success.

Multicultural Gatherings

Multicultural gatherings are held throughout the year, which allow ethno-cultural groups to connect, participate, and share their strengths. These gatherings have celebrated International Music and Dance, Youth, Latin American Corn Festival, Chinese Moon Festival, East Asian New Year, Aboriginal Pride, Disability Pride, International Day for the Elimination of Racial Discrimination, the End of Year Party etc.

COMMUNITY CAPACITY BUILDING PROGRAM



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